

# THE 20th ANNUAL GLEN ROCK JAYCEES LABOR DAY ARBORETUM RUN

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The Glen Rock Jaycees are a service organization that has been actively involved in the Glen Rock community for decades. We provide support to many other organizations in town, such as Sports Organizations, Volunteer Fire Department and Ambulance Corps. We award the largest scholarship in Glen Rock to a deserving high school graduate every year. We also sponsor many children's events in Glen Rock throughout the year, such as the Easter Egg Hunt, Campout, fishing derby, and Santa's train ride. The Arboretum Run is one of our primary fundraisers. Thank you for your support, and please thank our sponsors.

**September 3, 2007**

**Labor Day**

**5 Mile Run – 8:40 am**

**2.5 Mile Run – 9:25 am**

**Junior Mile (8 & over) – 10:05 am followed by two Fun Runs: ages 5 – 7, and 4 & under**

## Sponsored by

**Thomas J. Ludlum, Esq. Ludlum Law Offices**  
**Glen Rock Paint & Hardware**      **Glen Rock Inn**  
**Glen Rock Savings Bank**      **Sinkway Bros., Inc.**  
**Belmar Spring Water**      **Sasha's Hair and Nail Designs**  
**Glen Rock Gazette**      **The Glen Rock Athletic Club**  
**Clara S. Licata, Esq.**  
**Alliance Hand & Physical Therapy**

The 2 ½ and 5 mile courses are along suburban tree-lined streets and are USATF certified. All events begin at the Glen Rock Arboretum. Restrooms and limited parking will be available at the Glen Rock Pool, which is adjacent to the starting area.

### ENTRY FEES

**2 ½ and 5 Mile Runs**

**Before September 2nd \$17      September 2nd & Race Day \$20**

**Junior Mile and Fun Run \$5(including T-shirts)**

**We cannot guarantee T-shirts to participants who register on Race Day.**

**Race Packets may be picked up between 10 am and noon on Sunday September 2nd at the Glen Rock Municipal Annex on Maple Avenue.**

### AGE GROUPS for the 2 ½ and 5 mile run

11 and under (2.5M race only)	12 – 14 years	15 – 19 years	20 – 29 years
30 – 39 years	40 – 49 years	50 – 59 years	60 + years

### Awards and Prizes

- Trophies to top three finishers overall (male and female) in the 2 ½, 5 mile run, & Junior Mile
- Trophies to top three Glen Rock finishers in the 2 ½ and 5 mile run
- Medals to top three finishers in each age group and all finishers for Junior Mile and Fun Run

**Directions:**

Route 4 West to Route 208 North. Get off the exit "Glen Rock". Take Maple Ave North to 2<sup>nd</sup> traffic light. Make a left onto Rock Road and proceed through town. After the 2<sup>nd</sup> railroad tracks, turn right on Doremus Avenue. The run starts at the Arboretum, which ¼ mile from the intersection on the left.

Traffic Control and public safety are provided by the Glen Rock Police Department and the Glen Rock Department of Public Works. Medical Assistance is provided by the Glen Rock Ambulance Corps.

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**Entry Form**

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Gender:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **email address:** \_\_\_\_\_

**Event**      **5 mile**      \_\_\_\_\_      **2.5 mile**      \_\_\_\_\_  
                 **Junior mile**      \_\_\_\_\_      **Fun Run**      \_\_\_\_\_

**Shirt Size**      **Children**      **Sm** \_\_\_\_\_ **Med** \_\_\_\_\_      **Lg** \_\_\_\_\_  
**Adults**      **Sm** \_\_\_\_\_      **Med** \_\_\_\_\_      **Lg** \_\_\_\_\_      **XL** \_\_\_\_\_ **XXL** \_\_\_\_\_

In consideration of this entry being accepted, I hereby for myself, heirs and executors and administrators waive and release any claims I may have against Borough of Glen Rock, the Glen Rock Jaycees, Arboretum Sponsors, contributors or sanctioning bodies or their representatives, successors, or assignees for any injuries that may be suffered by me in this event. I also certify that I am in proper physical condition for this event.

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Signature in full

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Parent's Signature (if participant is 18 or younger)

Make Checks payable to Glen Rock Jaycees and send to : Glen Rock Jaycees  
PO Box 152  
Glen Rock, NJ 07452

For additional information, please contact Tom Callahan at 201-445-8566 (after 6pm) or by email at tcallah@verizon.net

**Glen Rock Jaycees**  
**PO Box 152**  
**Glen Rock, NJ 07452**